

# HAPPENINGS AT THE HALL

Official News-Magazine of the National Fitness Hall of Fame

December 2014

New Board Members  
Join the NFHOF Team

Bill Crawford –  
2012 NFHOF Inductee

Tony Little –  
2006 NFHOF Inductee

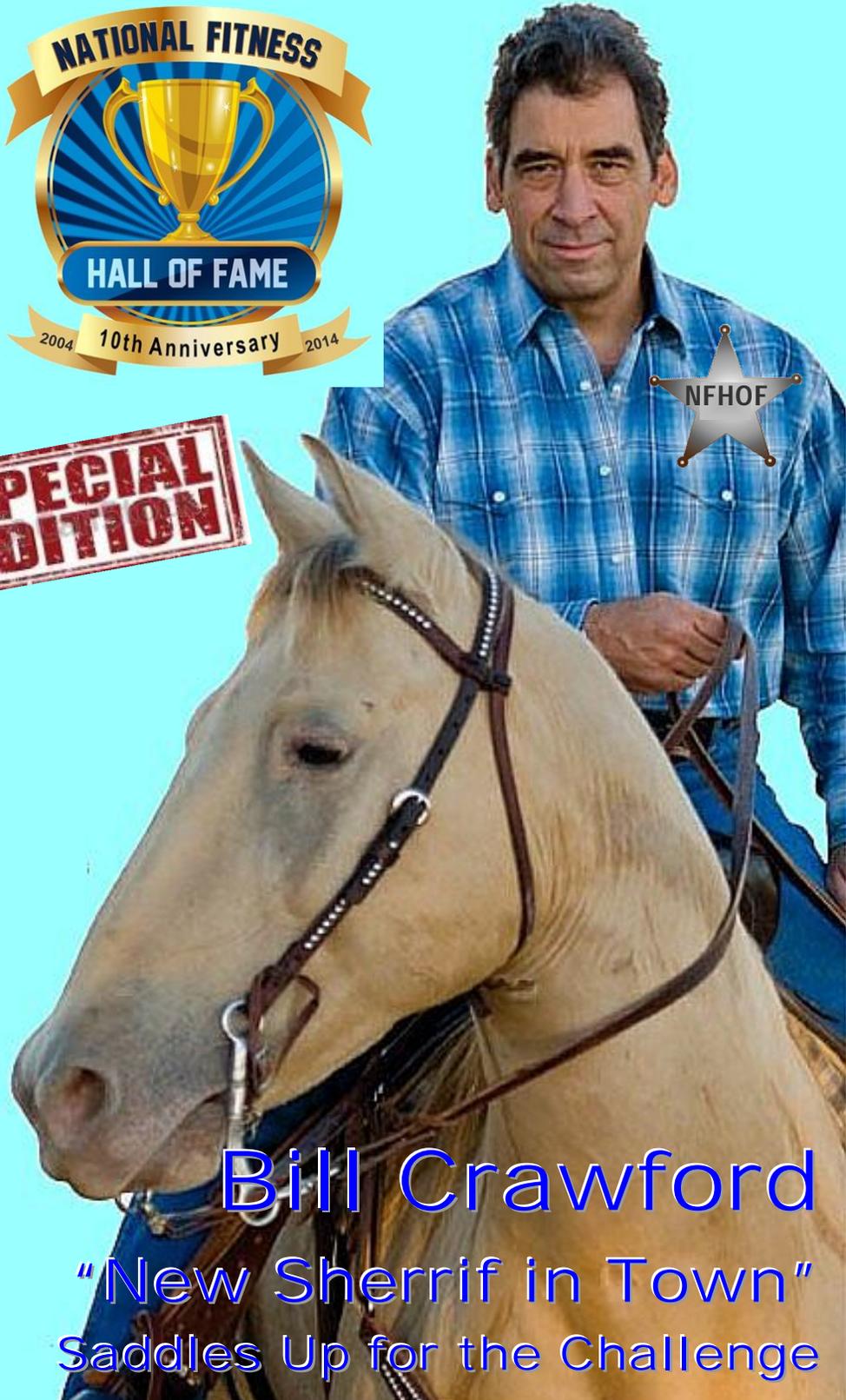
Leslie Sansone –  
2014 NFHOF Inductee

Gilad Janklowicz –  
2007 NFHOF Inductee

Greg Justice –  
NFHOF Candidate



**SPECIAL  
EDITION**



Bill Crawford

“New Sherrif in Town”  
Saddles Up for the Challenge

The National Fitness Hall of Fame Welcomes it's New Chairman

## From the Desk of the Founder

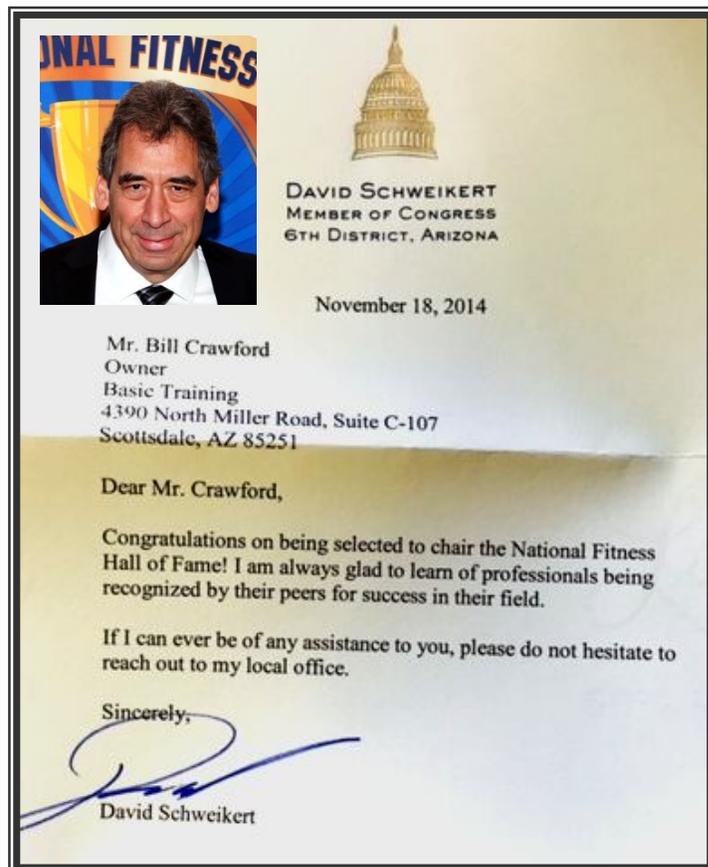
Bill is a man who wears the proverbial "NFHOF Heart" on his on his sleeve. Literally, as Bill helped designed the Official NFHOF Jacket and proudly wears it during the cool Arizona winter nights. Bill has been involved with the "The Hall" long before his induction as he was one of the first persons to join us as an Elite Member back in 2007 and when we started to offer Professional Memberships in 2010, he was one of the first to sign-up. Bill also contributed to our book, "The History of Fitness" back in 2009 providing personal insight to what was happening in fitness during the late 70's and early '80s. Here is a portion of that contribution:



*"I developed some of the first Nautilus clubs in Los Angeles in the late 70's and early 80's. My best memories of early Nautilus was when the Nautilus delivery truck would roll up in front of my clubs. Nautilus was the most sought after equipment on the planet. When the driver would open up the doors, you could smell the fresh paint out into the street. People came from everywhere to see it and try it out. We couldn't wait to try new pieces and become members in the 'Stack Club,' that was when you could lift the whole stack on a machine."*

We are thrilled to have Bill "Steering the Ship" starting January 1, 2015. We know he will do a great job.

Sincerely, *John Figarelli* – NFHOF Founder



## Get to Know the Chairman of the Board

Bill has been in the fitness business since 1977. He was trained for musculoskeletal evaluation and rehabilitation at the Exercise Science Center, University of Florida in Gainesville, Florida and was personally trained by the late Arthur Jones, inventor of Nautilus and MedX. Over the past 35 years, Bill has provided fitness training for thousands.

You may have seen his national TV ads for the Resistance Chair, his features on CNN and Fox News or read his stories in countless newspapers and magazines. He has worked with The U.S. Navy, which led to the development of his iPhone App: Gym To Go and [GymToGo.com](http://GymToGo.com). Bill has trained major sports teams, athletes and top Hollywood celebrities.

Basic Training has been in Scottsdale since 1997 and is owned and operated by Bill and his wife Debbie.

There is no substitute for the decades of Bill's practical experience. Today the Crawford's clients enjoy their dedication to personal service, state-of-the-art equipment, knowledge and motivational skills.

For more information about Bill visit:

[www.basictrainingscottsdale.com](http://www.basictrainingscottsdale.com)

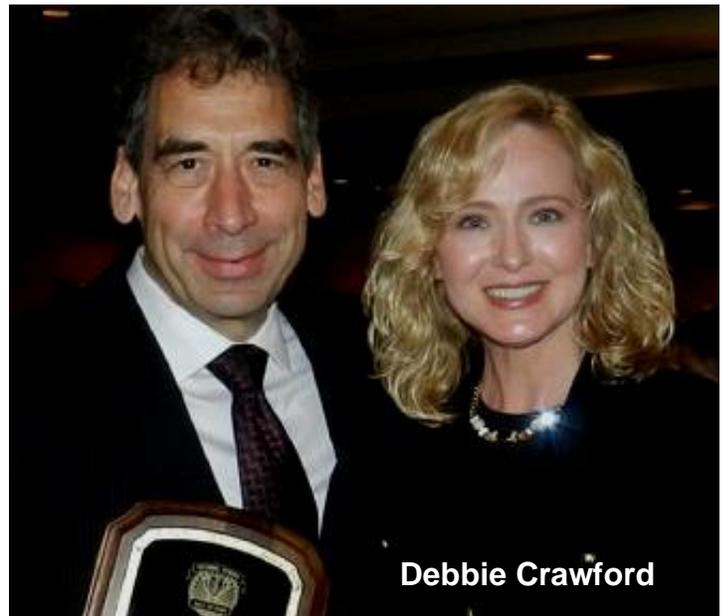
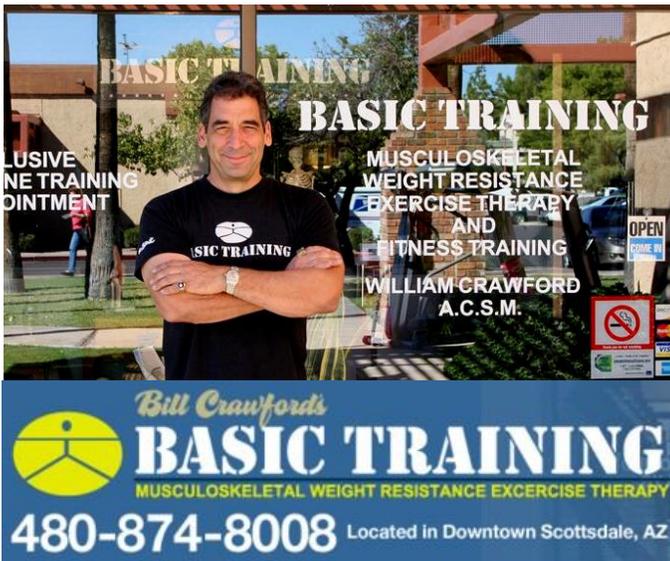


## Bill's Vision for the NFHOF

*My goals are to recapture the interest and support of those who have supported the organization in the past. I intend to develop new corporate support while seeking press and notoriety noticeable to the industry, government, media and the general public. I believe this will contribute to the growth of the organization.*

*I believe the NFHOF has been underutilized as a powerful voice to advance the agendas of the fitness industry and to act as a point of reference for a multitude of fitness related topics. I believe the NFHOF should be a "go to" resource for information, contacts and networking for anything and everything that has to do with fitness.*

*Bill Crawford - 2012 NFHOF Inductee & avid supporter since 2007*



Debbie Crawford



Thanks to our  
Terrific Partners



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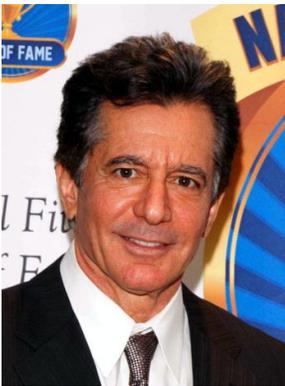
## Meet More New Board Members of the NFHOF



Tony Little



Leslie Sansone



Gilad Janklowicz



Greg Justice

Tony believed in his idea and was determined to be successful. His devotion to helping others combined with his dynamic personality, energy levels beyond reality and personal before and after story have made Tony a favorite among both the public and the media as he continues to capture the attention of audiences worldwide. Today, Tony is still breaking records as he continues to bring the fitness world new ways to get off the couch and get back in shape. His current accolades include 14 Platinum Video Awards, 9 Gold Video Awards, Record-Breaking infomercials throughout eighty-one countries. Without a doubt, Tony knows the formula for success. His life has been a painful one at times, but his attitude on overcoming obstacles is simple, "Conceive, Believe and Achieve.™" For more information visit: [www.TonyLittle.com](http://www.TonyLittle.com)

Leslie is a nationally recognized fitness expert, and creator of the Walk at Home program. Her philosophy is simple. She believes that our bodies were made to move and we can walk our way to health and wellness. FITNESS WALKING has proven to be the most beneficial of all healthy lifestyle choices in reducing disease and improving the quality of life! For 25+ years, she's taught people of all ages how to get fit, stay fit and feel better about life. Her enthusiasm for walking, and life, is unmatched. She's a walk guru on a mission: to promote healthy lifestyles, to ward off illness associated with obesity and sedentary lifestyles, and to improve public health one stride at a time. For more information visit: [www.WalkatHome.com](http://www.WalkatHome.com)

Gilad is one of the world's most popular fitness personalities. As a pioneer in the fitness industry, he has helped millions to stay fit with his popular TV programs 'Bodies in Motion', 'Basic Training the Workout' and 'Total Body Sculpt with Gilad. Filmed on location in the beautiful Hawaiian Islands these aerobic and toning workout shows first aired on ESPN in 1983 and are currently the longest running fitness show in the US. To date, Gilad has generated over 22 top-rated instructional videos. For more information visit: [www.bodiesinmotionwithgilad.com](http://www.bodiesinmotionwithgilad.com)

Greg Justice, MA, is a best-selling author, speaker and fitness entrepreneur. He opened AYC Health & Fitness, Kansas City's Original Personal Training Center, in May 1986, and has personally trained more than 46,000 one-on-one sessions. Greg has worked with athletes and non-athletes of all ages and physical abilities and served as a conditioning coach at the collegiate level. Greg has authored books titled "Lies & Myths about Corporate Wellness", "Treadside Manner – Confessions of a Serial Personal Trainer", "Where FIT Happens" and "Mind Your Own Fitness." For more information, please visit: [www.aycfit.com](http://www.aycfit.com)