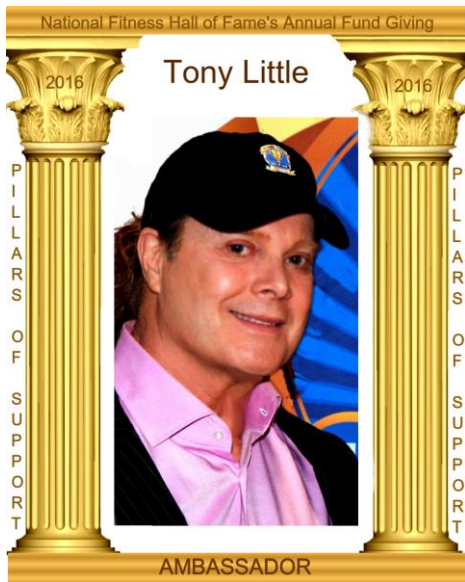


# Major Giving

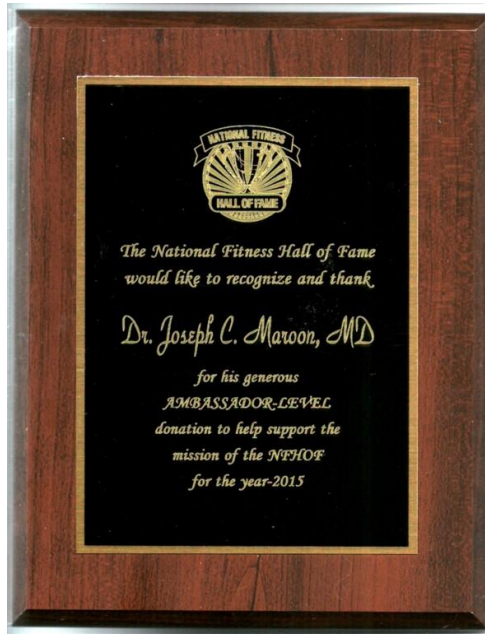
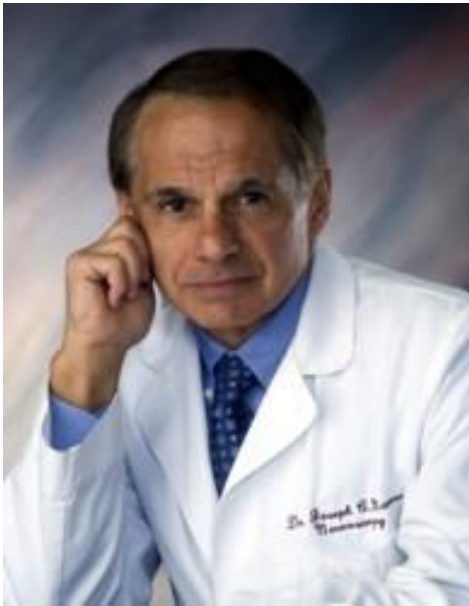
## Launching the “Legacy Leaders” Major Gifts Campaign

“I'm thrilled to be inducted into the NFHOF, important and unique in its commitment to the preservation of fitness history. For the past decade, they've pioneered efforts to promote fitness for all by recognizing the industry's top talent. The NFHOF stands alone in its efforts to support an industry integral to the wellbeing of billions, creating value for its members far beyond the prestige of an induction. The NFHOF recognition helps not just me, but those I'm leading to healthier lives.

Leslie Sansone - NFHOF Board Member & “Legacy Leader”

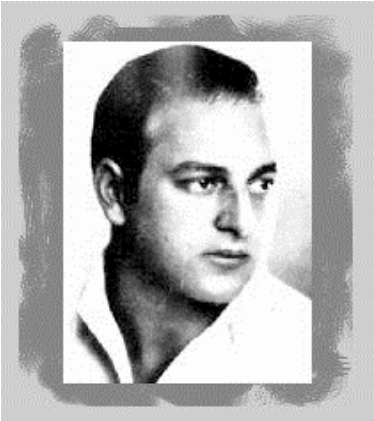
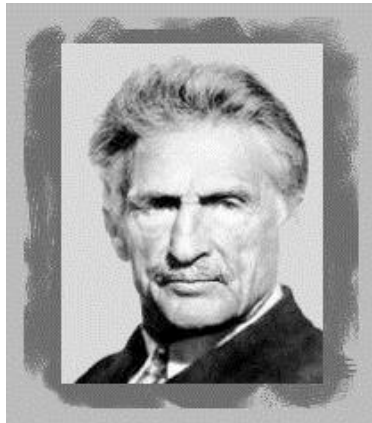


# "Fitness Legends, Heroes and SuperStars"



Dr. Joseph C. Maroon has stepped up and is the first to offer to sponsor the National Fitness Hall of Fame's new exhibit, "Fitness Legends, Heroes and SuperStars." The 2010 NFHOF Inductee is a true SuperStar doctor, Ironman athlete and great guy.

**Below are some "Fitness Legends of Yesterday." How many can you name?**



*Thanks to all of our 2016 Donors*

**Visionaries -**

(10,000+)

Leslie Sansone

**Benefactors -**

(\$5,000+)

Beth & Charlie Kuntzleman

**Ambassadors -**

(\$2,500+)

Tony Little

Dr. Joseph Maroon, MD

**Patrons - (\$1,000+)**

Greg Justice

Debbie & Bill Crawford

**Associates - (\$500+)**

Frank "Rudy" Ruettinger

John "The Beast" Azari

**Boosters - (\$250+)**

Bob & Gilda Marx

Sara Kooperman

Fred Hatfield, PhD

Elaine LaLanne

Joe Lupo & Sandy

Karlan

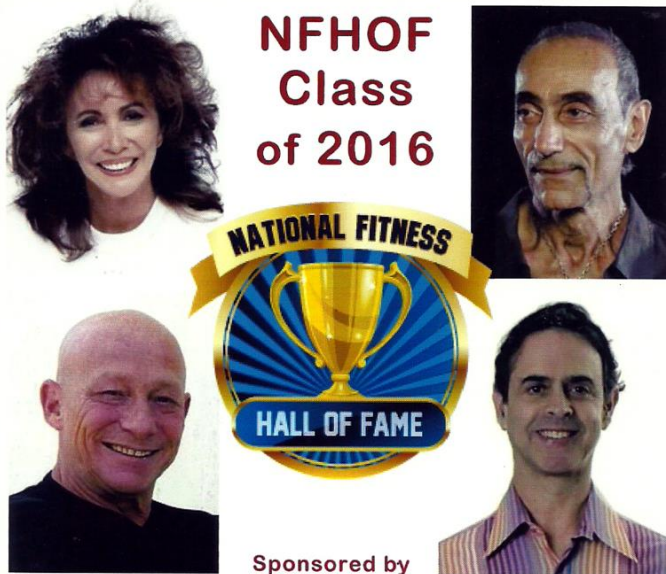
Thomas Sattler, EdD



# AD Sponsors of our Souvenir Program - Thanks!

## 2016 National Fitness Hall of Fame Induction Ceremony

**Congratulations!**



**NFHOF  
Class  
of 2016**

Sponsored by



**AMERICAN COLLEGE  
of SPORTS MEDICINE**  
LEADING THE WAY

Hilton Garden Inn Banquets — Addison, Illinois  
Sunday—June 26, 2016

We would like to thank the following individuals and companies who supported us with an AD-message in our program.

ACSM
ACE
John Abdo
Nancy & Dr. Phil Claussen, DC
Debbie & Bill Crawford
Jim Everroad
Walt & Esther Gutiérrez Sloan
Dr. Robert Haley, DC
IDEA Health & Fitness
ISSA
Gilad Janklowicz
Greg Justice
Beth & Charlie Kuntzleman
Sara Kooperman
Elaine LaLanne
Tony Little
Joe Lupo
NFPT
Clint Phillips
Pinckney Family
Lee Roupas
Frank "Rudy" Ruettiger
Leslie Sansone
SCW Fitness—MANIA
Univ. of New Mexico – Staff & Students
Tamilee Webb

**CONGRATULATIONS**  
*to the NFHOF's  
Class of 2016*

*Love, Health  
and Blessings*

*Healthfully,  
Elaine LaLanne*

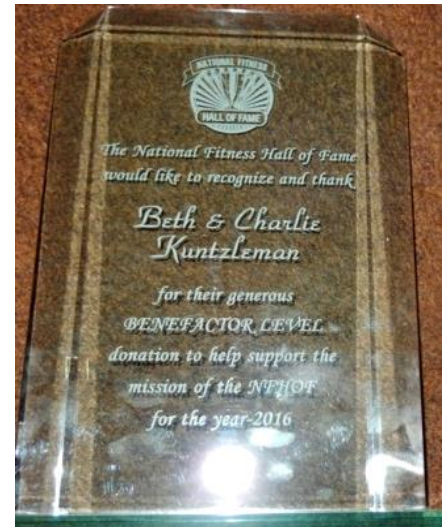


**Jack & Elaine**

## A "Brainstorming" Session of the Official Consultants of the NFHOF



Julia & Donald Figarelli and Beth & Charlie Kuntzleman



When you bring together over 150 years of business experience, you get a lot of great ideas and positivity!

### **Suggested NFHOF Strategic Plan** (Quick thoughts that need major refinement)

1. Create NFHOF Strategic plan with specific goals and objectives
2. Obtain sufficient funds to place the NFHOF on firm financial ground.
3. Create a series of fliers and summaries that have substantial flair to attract potential supporters to the NFHOF.
4. Obtain supporting NFHOF statements from each of the four Education Partners.
5. Prepare powerful presentations for convincing NFHOF Legends (or their off-spring) to contribute to the Major Gift Campaign.
6. Select powerhouse individuals that have founded or run major sporting goods, exercise clothing and shoes, weight control, magazine, exercise equipment companies in the coming year's NFHOF induction ceremonies.
7. Develop a plan to support, develop and prioritize the seven NFHOF projects for 2017.
8. Include plans to support the Surgeon General's new initiative.
9. Begin "The best of...(schools, health clubs, communities, businesses and health centers) programs peppered across the USA
10. Develop a business plan that will provide a steady stream of income through as series of entrepreneurial activities, products and services that will permit the NFHOF to continue functioning without financial support from inductees, foundations, corporations and other agencies. For long-term success of the NFHOF this entrepreneurial focus is absolutely fundamental.



## *“Running Around Rio!” Bahama’s National Team*

*by Dr. Philip Claussen, DC – Team Doctor & Trainer*

John, Hope you and your family had a nice Labor Day Holiday. Just getting caught up here with being gone. The Olympics were once again a life defining experience as the energy and the competition where the ultimate. Perhaps you watched the exciting races where we won the Gold in the Women’s 400M individual race and then the Bronze in the Men’s 4x400 M relay. All were very close and telecast on TV. Consequently we won the most medals per population and came in 14th out of 206 total countries in points, by far the smallest country to be that high up. We had our athletes trained to peak at the proper time and they came thru with great performances. We had other athletes that made other finals but couldn't quite medal. Our young team will be back but ironically, the runner who ran the best in the Relays was 37 years old and now the oldest runner to win a medal in that event. Just shows what good training, good nutrition, and good habits can make happen.



The Closing Ceremonies we thought were better than the Opening and though they had one tenth the budget of the previous Olympics they did the best they could. I did not see one mosquito and the security was tight.

All in all it was the Bahamas most successful Olympics to date as we continue to establish a training culture for Sports Performance. Just because we have only 300,000 inhabitants does not mean we have to lack in the ways we train and obtain greatness.

Physical preparation and the latest methods are at the forefront and are responsible for a lot of our success in developing this small nation. We look forward to Tokyo in 2020 and the time it will gives us to prepare for an even better medal count.

Best Regards, Dr. Phil and Nancy Claussen - (2009 NFHOF Inductees – 1<sup>st</sup> Fitness Couple Inducted)



## EVERYONE "STEP-IT-UP!"

I have had the honor to travel to Washington D.C. twice this past year to participate in discussions with two U.S. Surgeon Generals regarding fitness. My wife Debbie and I and Greg Justice were on Capitol Hill in Washington D.C. on Wednesday, February 23, 2016 representing the National Fitness Hall of Fame for the roll-out of the Surgeon General's new "Step it Up" National Fitness Program in collaboration with the American College of Sports Medicine and others.

This historic fitness event featured Regina Benjamin, the 18th Surgeon General of the United States, along with leadership from the United States Congress, the nation's healthcare system and the fitness industry.

In October I made my second trip to Washington to attend the "Step it Up" conference with U.S. Surgeon General Dr. Vivek Murthy. I was joined by American College of Sports Medicine CEO Jim Whitehead and fellow inductee Leslie Sansone at Jon Hopkins Washington Campus. This exiting national fitness program is a three pronged effort. Health care providers encourage their patients to be active.

We will be encouraging municipalities to integrate walk-able and roll-able spaces into their infrastructure. As Chairman of the National Fitness Hall of Fame and a 2012 inductee, I have been and will continue to lead our iconic inductees to promote fitness both in our communities and on a national level.

~ Bill Crawford



Regina Benjamin

Bill

Debbie





Bill Crawford

U.S. Surgeon General Dr. Vivek Murthy

Jim Whitehead



Greg Justice

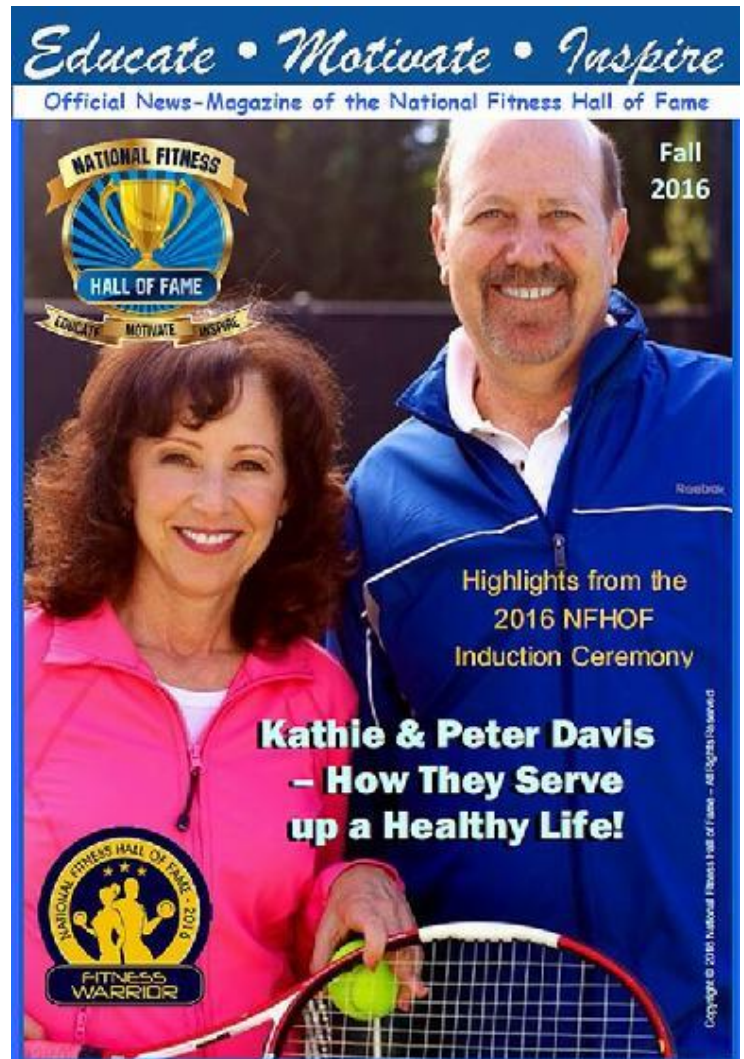


Leslie Sansone





# NFHOF News Magazine



In each issue of our News-Magazine we cover a number of things. This particular issue featured some of the following things:

- We are participating in the Surgeon General's Step-it-Up program, This "Call-to-Action" on Walking is important in helping the entire nation live healthier lives.
- Our new NFHOF National Tour will be educating, motivating and inspiring!
- Our new specialty certification will provide Fitness Professionals with special skills to *"stand out from the crowd."*

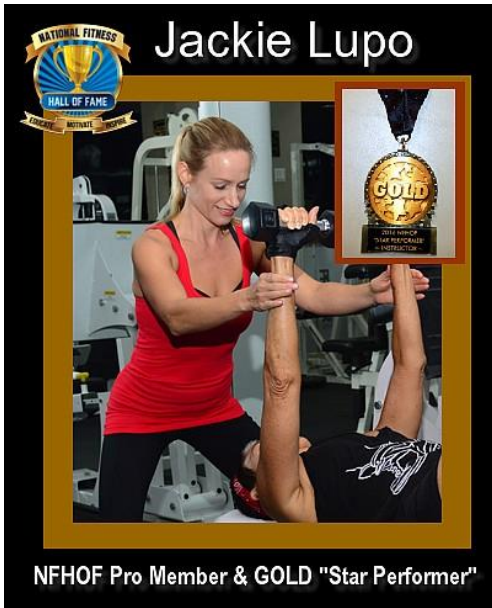
In each issue of our News-Magazine we cover a number of things. This particular issue featured some of the following things:

- By re-opening the National Fitness Hall of Fame's Museum on June 26th, we have effectively achieved the first part of our mission, "Preserving the Past" where everyone can come and view the museum's terrific displays and exhibits.
- And now by offering Professional Memberships we are adequately "Promoting the Future of Fitness" by showcasing some of the best young talent working in the health & fitness fields today.









### New in 2016 was our "Star Performer" Award

The "Star Performer" Award was created to recognizing those individuals who are currently helping others "Get Fit & Stay Health" and those who are doing that very thing by participating in health & fitness activities. These terrific individuals were able to earning this fantastic award by recording logged hours & miles in any of the eight "Star Performers" categories. GOLD - Current fitness certification – (List) | 600+ hours training clients and other objectives.

Categories included:

**Trainers | Instructors | Educators | "Fitness Warriors"  
Medical Fitness | Running | Multi-Sports | Group Exercise**

All NFHOF "Star Performers" received a beautiful medal acknowledging their achievement, a special 5x7 postcard from "America's Personal Trainer," Tony Little and a uniquely designed display card to showcase their medal.

### Congratulations to our 2016 GOLD "Star Performers"

- Sarah Oryszak – Trainer
- Dr. Robert Haley – Medical Fitness
- David Lyons – "Fitness Warrior"
- June Kittay - Instructor
- Emmanuel Robinson – Trainer
- Robert Christner- - "Fitness Warrior"
- Don Figarelli Sr. – "Multi-Sport"





# RISE ABOVE THE REST

## What Has the NFHOF Professional Membership Meant to My Career?

The National Fitness Hall of Fame is the most prestigious award one could receive in the fitness industry.

The NFHOF not only recognizes those who have been leaders and innovators in the science and education of fitness professionals throughout the world, but it also enhances the lives of those who help improve the health and fitness of people on a daily basis.

The Hall is much more than a museum about the history of fitness icons as well as the eras for which they trained. It is about making the world a better place through health initiatives and using exercise as a means to connect to all walks of life. That is what the National Fitness Hall of Fame has meant to me and my career in health and fitness.

I have had the honor and the pleasure of working with many different types of populations, including students and clients for which I have helped over the past two decades. I have also been blessed to be associated with the Hall of Fame Inductees as a Master Trainer. This association has given my business more credence over the past decade and likewise the opportunity to share and collaborate the many thoughts and ideas we all have with our experiences in the profession. These key factors are amongst the many for which the National Fitness Hall of Fame and Museum has truly had a very important impact with my overall standing within the fitness and training profession throughout my career. None of my achievements would be possible without the support of "The Hall" and all of its Pro Members.

~ Mike Michelakis



### **National Fitness Hall of Fame Professional Members receive:**

- National Exposure & Recognition
- A photo listing on our website & in our yearbook
- Certificate of Membership (2016)
- NFHOF Keepsake Button & Postcard
- Use of NFHOF Professional Member Logo
- Voting rights for NFHOF selection
- Networking opportunities
- Discounts on all NFHOF events

## Featured Professional Members



**Jim Cipriani** is a 20 year veteran in the fitness industry with over 30,000 personal training sessions under his belt. Once called a "Rising Star" by the National Fitness Hall of Fame, in 2009 he was also awarded the honor of being named one of the "Best Trainers in the America." His thriving business that is built on the motto of "Better Programs...More Personal Attention...and Guaranteed Results!" serviced CT and NY for over 18 years. It can now be found in Nashville, TN and is considered one of the top training services in the area.

**Debbie Crawford** has worked in fitness for over 20 years. She also has a 32 year career as a model and SAG-AFTRA actor. Debbie grew up on a working horse and cattle ranch in North Dakota. She recognized the importance of being fit early in life.

Debbie and her husband Bill Crawford, a 2012 NFHOF inductee, own and operate Basic Training MedX, a state-of-the-art fitness center in Scottsdale, Arizona. Their knowledge, expertise and motivational skills help clients achieve fitness. She has trained hundreds of clients in strength and cardio workouts.

Career highlights include meetings with the late Arthur Jones and joining her husband Bill, NFHOF Chairman, in Washington D.C. at the U.S. Surgeon General's "Step it Up" program. Debbie also helped develop Bill's internationally acclaimed iPhone app: Gym-To-Go. Debbie has received numerous accolades for her involvement in community service and charities nationwide.

Debbie is dedicated to encouraging and educating people of all ages to invest in themselves. She has inspired many to live a healthy lifestyle as she spreads the word about the value of health and fitness.



**Robert James Haley, DC** is a practicing chiropractic physician and nutritionist with over 22 years experience in clinical practice. Prior to becoming a chiropractor, Bob was a physical education instructor for five years in the NYC public school system. In the mid-1980's he also served as a part-time strength coach at Jersey City State College. In 2008, Bob was selected Sports Chiropractor of the year by the Association of New Jersey Chiropractors. He was a member of the US Olympic Sports Medicine Society.





**Greg Justice** is the founder of AYC Health & Fitness (aycfit.com) and the CEO of the National Corporate Fitness Institute (ncfinstitute.com). He has been actively involved in the fitness industry for more three decades as a club manager, owner, personal trainer and corporate wellness supervisor. He has authored 12 books, including eight best-sellers, and writes for many industry publications.



**ayc**  
HEALTH & FITNESS  
*with Greg Justice*

**June Kittay** has numerous certifications specializing in beginning movement and Senior Fitness for over a decade. With a degree in education, she has taken her love and talent for teaching and created multiple fitness programs including her popular “Boomba Fitness” “Line Dance, Young and Old” and “Wit Wisdom and Wonderful Ways to a Healthy Happy Life”.

In love with life, and 66 years young, she practices what she preaches. When not teaching, you can find her pursuing her career as a commercial actor, lifestyle model, at special events or onstage, playing her tambourine. "You've Got to Keep on Movin!"



**Bill Leavitt** is originally from Calgary, Canada and earned his degree at Concordia University in Montreal. He re-located to Kansas City/Overland Park in 1996 and started Fitness Alliance, a private Personal Fitness Instruction Service to provide fitness instruction both in home, or my private studio located in South Overland Park. He has been in the fitness industry full time for twenty and feels honored to work with the clients who entrust me with their health. Bill attained Master Level status as a RTS: Resistance Training Specialist.

Other areas of specialization he enjoys are: senior exercise instruction, home-gym consultation/design and corporate lectures that educate the general public on the benefits of exercise and consistent eating habits to enjoy a fit and healthy lifestyle.



**David Lyons** was diagnosed with MS in 2006 at the age of forty-seven and told he would be wheelchair bound. Instead he battled the disease with bodybuilding. He founded the MS Fitness Challenge and is the owner of Optimal Body Personal Fitness. David developed the MS Fitness & Wellness Specialist certification with AFPA and currently writes for [EverydayHealth.com](http://EverydayHealth.com) and [Watchfit.com](http://Watchfit.com).

David has been recognized with numerous awards. Among them are the 2009 Florida State Bodybuilding Championship Most Inspirational Award, the National MS Society Milestone Award, the Health Advocate Lifetime Achievement Award (presented by Arnold) and the Lifetime Fitness Inspiration Award from the Global Bodybuilding Organization.

For more information on David and his cause: [www.msfitnesschallenge.com](http://www.msfitnesschallenge.com)







**Jackie Lupo** has been actively working in physical fitness for 20 years. She specializes in Personal Training, Powerplate Training, and Body Sculpting and Abs classes. Jackie grew up watching her father, National Fitness Hall of Fame Inductee Joe Lupo train clients from their home gym and then in their personal training studios on Miami Beach. She enjoys teaching health and fitness and is truly dedicated to her clients. Through acquired knowledge and her own personal style, Jackie is able to work with all ages and abilities.

Training with Jackie Lupo ensures a professional, positive experience resulting in better health and quality of life.

**Mike Michelakis** was born in the Columbus, Ohio area. He graduated from Buckeye Valley High and then played football at Butler University in Indianapolis. After graduate school at Indiana University, he taught health and served as the strength coach at Niles High School near South Bend, Indiana.

Mike then became the fitness director at the Bangor Wellness, Gold's Gym Harbor Country, Long Beach Fitness, and Lakeland Athletic. Afterwards he became the sales manager at Charter Fitness, Workout Anytime, and now at Fitness US. He is a Master Trainer who has received numerous awards for strength coaching and personal training.



**Dr. Noelle O'Connor** has owned and operated York Chiropractic Clinic for 21 years and is a certified chiropractic sports physician and acupuncturist.

Dr. O'Connor is the author of *Tired of Being Tired: How to Fight Fatigue and Feel Better*, the *Looking East for Answers* series, including *How Oriental Medicine Can Work for You*, and *An Oriental Medicine Guide to Weight Loss*.

She is also a Physiology professor at Elmhurst College and an instructor for the American Heart Association.



**Sarah Oryszak** started her professional fitness journey in 2002 when she became a Uniformed Division Officer for the United States Secret Service. During training she excelled to the top of the class going beyond the standards and winning the Distinguished Fitness Award at the Federal Law Enforcement Training Center, as well as the top Physical Fitness Award for the United States Secret Service.

Sarah has competed in several competitions, securing such titles as 2009 “NGA Can-Am” Female Bodybuilding Champion, 2009 NPC Natural Northeastern USA Lightweight Champion, 2010 “OCB Uprising” Female Bodybuilding Champion, 2010 USBF Figure Champion in addition to earning pro-cards in both bodybuilding and figure.

In 2013, she started STANDBY FITNESS, a non-profit designed to give back to the community using the sport and my passion for it. STANDBY FITNESS was in honor of her dog STANDBY ORYSZAK who passed away. The proceeds from the company are donated to animal organizations in his honor.

Sarah became a spokesperson and role model to those who desired to start in the fitness world. She has mentored countless competitors and assisted in reviving the sport around the Western New York area.

For these efforts, she was inducted into the Buffalo Bodybuilding and Weightlifting Hall of Fame in 2015.

Sarah currently is the Master Trainer at LA Fitness and continues to train the next generation of competitors and those who wish to develop a healthier and fit lifestyle.



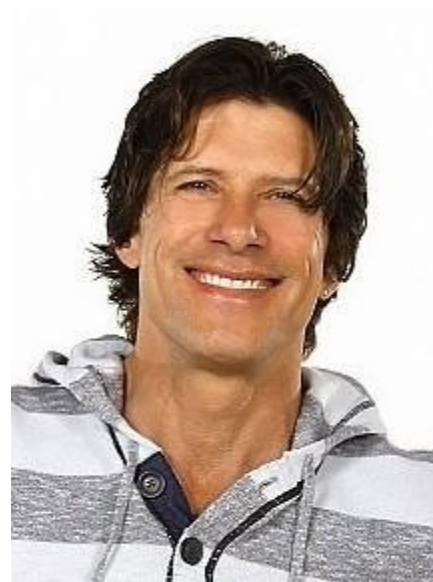


**John Platero** is the founder and CEO of the National Council of Certified Personal Trainers (NCCPT) which has certified thousands of personal trainers both nationally and internationally.

John was the National Director for LA Fitness where he recruited, staffed and provided education for more than 500 trainers during his eight-year tenure there beginning in 1996. In March 2003, Platero left LA Fitness to focus all his efforts on managing all divisions of Future Fit and The National Council of Certified Personal Trainers. He was one of the original members of the IDEA board of directors for personal trainers and continues to teach health & fitness.

He has appeared on numerous talk shows and has written articles on personal training and fitness for Muscle & Fitness, Shape Magazine, Muscle Mag, MAX, Oxygen Magazine, Ladies Home Journals, Exercise for Men and Ventana to name just a few.

John has produced and written over 31 fitness videos and hosted other fitness related infomercials such as the AB -Revolutionizer which played here in the US and Europe.



**Emmanuel Robinson** is an ISSA Certified Fitness Trainer. He serves mainly the Raleigh, NC area but on occasions takes on clients in the Franklin, Nash and Wilson county area.

Emmanuel has a long history in fitness. Growing up he was very athletic and throughout high school was a member of the track team. He discovered body building and developed a passion for it. However, he tore a muscle during a workout and was forced to give up body building temporarily.

In the following months Emmanuel's weight spun out of control and before he knew it he found himself with a weight disorder that was dangerous to his health and self-esteem.

Emmanuel decided then to become a personal trainer to help not only him but others in the same situation. Because he struggled with obesity, he knows what his clients go through and can relate to them in a way other trainers can't.

Emmanuel has also been working as a weight-loss consultant for a major weight-loss company.

## NFHOF Founder & Director



**John Figarelli** - (June 26, 1962) started his fitness career in 1981 teaching Slimnastics and Men's Fitness classes at local park districts. From 1987 to 1990, John was selected as the Mainz Community Powerlifting Coach while serving in the US Army in Mainz, Germany.

After being honorably discharged from the army in 1990, John went on to complete a Master's Degree in Exercise Science at the University of Illinois in Chicago. While at UIC, he worked in the Human Performance Lab testing both professional and student athletes and lay persons alike. In 1991, John earned his first official certification as a Health-Fitness Instructor with the American College of Sports Medicine (ACSM) and has trained thousand of individuals over his 35 year career.

During the mid-90's John owned and operated Fig's Fitness Studio and created the NU-SHAPE Weight-Loss & Fitness Program. In 2004, he established The National Fitness Hall of Fame (NFHOF) and now serves as director.

In 2012, John started to create his now famous "Super Seminars" which not only educates, but motivates and inspires people to live healthy & fit lives. These humorous seminars are well received throughout the fitness community as well as to among the general public. He is also the author of five best-selling books.

John formed the Minooka Tennis Club in 2013 so that the entire community could enjoy a life-long, fun family activity. He lives in Minooka, Illinois with his wife and their two children.







**William "Bill" Crawford** – 2012 NFHOF Inductee; NFHOF Chairman  
"Pioneer in Modern Fitness"

Born: September 3, 1953

Hometown: Ouray, Colorado

Website: [www.BasicTrainingScottsdale.com](http://www.BasicTrainingScottsdale.com)

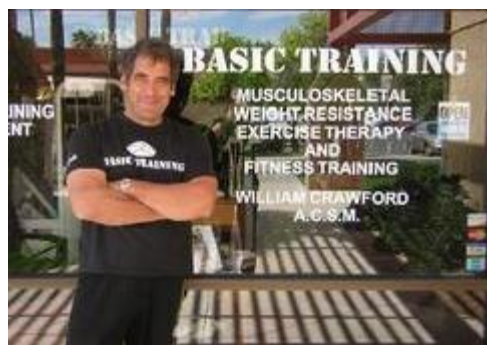
Bill Crawford has been a leader and visionary in fitness since 1977. In 2012, Bill was inducted into the National Fitness Hall of Fame for his lifelong contributions and was elected to chair the board in 2015. In 2016, Bill represented the NFHOF in Washington D.C. at the Surgeon General's Call to Action for the "Step it Up" Program in collaboration with the American College of Sports Medicine, ACE, MFA, and others.

This historic event featured Regina Benjamin, the 18th Surgeon General of the United States, along with leadership from Congress, the health care system, and the fitness industry.

Bill was trained for musculoskeletal evaluation and rehabilitation at the Exercise Science Center, University of Florida in Gainesville, and was personally trained by the late Arthur Jones, inventor of Nautilus and MedX. Over the past 39 years, Bill has provided fitness training for thousands, exercising muscles in isolation to muscle failure with equalized resistance through the full range of motion using a safe and effective protocol. You may have seen his national TV ads for the Resistance Chair, his features on CNN and Fox News, or read his stories in countless publications. Bill is a recognized fitness columnist, consultant, lecturer, and educator. His fitness program with the U.S. Navy led to the development of his iPhone app: Gym-To-Go and GymToGo.com, featured in *Men's Fitness* magazine. Bill has trained major sports teams, athletes and Hollywood celebrities and developed careers of many fitness professionals.

Bill was born and raised in the rugged mountain town of Ouray, Colorado where being fit is incidental to the environment. He spent his youth competitive skiing, hiking and climbing fourteen thousand foot mountains. Bill has received numerous accolades as a longtime community leader in municipalities across the country investing valuable time serving in law enforcement, public safety, search and rescue, boards, committees, and volunteer organizations.

Bill has owned and developed fitness centers around the world. Since 1997, Basic Training has been located in Scottsdale, Arizona and is owned and operated by Bill and his wife Debbie. Today the Crawford's clients enjoy their dedication to personal service and state-of-the-art cardio and MedX equipment. Their knowledge and motivational skills help people attain their fitness goals. There is no substitute for decades of Bill's practical experience and expertise. Bill continues to promote fitness worldwide.



# National Fitness Hall of Fame Inductees

## Class of 2016

- John "The Beast" Azari
- Dr. Fred Hatfield, PhD
- Dr. Len Kravitz, PhD
- Callan Pinckney

## Class of 2015

- Dr. Thomas K. Cureton, PhD
- Debbie Drake
- Joe Lupo,
- Gilda Marx
- Gary Yanker
- National Federation of Professional Trainers (NFPT)

### Special Awards:

Gilda Marx - "Lifetime Achievement Award"

Lee Roupas - "Volunteer of the Year"

## Class of 2014

- Kathie Davis
- Peter Davis
- Bobby Hinds
- Beth Kuntzleman
- Leslie Sansone

### Special Award:

Bernarr Macfadden - "Lifetime Achievement Award"

## Class of 2013

- Tom Campanaro
- Brenda Dykgraaf
- Clyde Emrich
- Anibal Lopez

### Special Awards:

Paul Bernstein - "Lifetime Achievement Award"

Walt Sloan-"Volunteer of the Year"

## Class of 2012

- Bill Crawford
- Sara Kooperman
- Dave Parise
- Frank Ruettiger
- Sylvia Ulback

### Special Awards:

Jack LaLanne - "Lifetime Achievement Award"

Jim Whitehead - "Volunteer of the Year"

## Class of 2011

- Doris J. Barrilleaux
- Jim Everroad
- Cathe Friedrich
- Lee Haney
- Bill Kazmaier
- Lenda Murray
- Joseph Pilates
- Mark Rothstein



# National Fitness Hall of Fame Inductees

## Special Awards:

Arnold Schwarzenegger - "Fitness Spokesperson of the Century"

Jim Lorimer - "Lifetime Achievement Award"

## Class of 2010

- Dr. Bob Delmonteque, ND
- Esther Gutierrez-Sloan
- Dr. Joseph C. Maroon, MD
- Melissa Orth Fray
- Bill Pearl
- Forbes Riley
- Fred Schutz
- Dennis Tinerino
- Dr. Terry Todd, PhD
- David P. Webster

## Special Awards:

Bill Pearl - "Lifetime Achievement Award"

Del Reddy - "Volunteer of the Year"



## Class of 2009

- Paul Bernstein
- Joe Bonomo
- Nancy Claussen
- Dr. Philip E. Claussen, DC
- Dr. Nicholas A. DiNubile, MD
- John Hansen
- Jim Lorimer
- Bob Richards
- Dr. Jan Todd, PhD
- IDEA Health & Fitness

## Special Awards:

Dr. Bob Delmonteque, ND - "Lifetime Achievement Award"

Tom Meredith - "Volunteer of the Year"

Betty Scarimbolo - "Rising Star" Award



# National Fitness Hall of Fame Inductees

## Class of 2008

- Cory Everson
- Bob Gajda
- Kathy Kaehler
- Dr. John Harvey Kellogg, MD
- Dr. Charles T. Kuntzleman, EdD
- Dr. Don Powell, PhD
- Dr James Stoxen, DC
- Michael Thurmond
- Tamilee Webb
- Presidents Council on Physical Fitness and Sports (PCPFS)

## Special Awards:

William Moore - "Volunteer of the Year"

Angel Pyle - "Rising Star" Award

## Class of 2007

- John Abdo
- Douglas Brooks
- Lou Ferrigno
- Gilad Janklowicz
- Keli Roberts
- Dr. Thomas Sattler, EdD
- Linda Shelton
- Jacki Sorensen
- Betty Weider
- American Council on Exercise (ACE)

Minimum criteria for induction consideration into the NFHOF -

- 25+ year career (full-time) in the health & fitness industry.
- Reached the age of 55 by the ceremony date.
- Work experience that is nationally recognized by the industry and known by the public.

## Class of 2006

- Dr. Steven Blair, PED
- Dr. Bob Goldman, MD
- Marilu Henner
- Robert Kennedy
- Tony Little
- Gin Miller
- Bonnie Prudden
- Margret Richard
- Donna Richardson
- Richard Simmons
- Kathy Smith
- Jake Steinfeld
- Dr. Ben Weider, PhD
- American College of Sports Medicine (ACSM)
- Aerobics and Fitness Assn. of America (AFAA)

## Class of 2005

- Charles Atlas
- Dr. Paul Bragg, ND
- Dr. Kenneth Cooper, MD
- Jane Fonda
- Bob Hoffman
- Arthur Jones
- Jack LaLanne
- Bernarr Macfadden
- Arnold Schwarzenegger
- Judi Sheppard Missett
- Vic Tanny
- Joe Weider



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